



2015 Travel Ways -- HIMALAYAN DISCOVERY

Nepal & Bhutan

11 Mar **Depart Honolulu**

Wed Depart Honolulu early afternoon.

12 Mar **Arrival in Incheon**

Thu Arrive Seoul Incheon airport in the evening and overnight at airport hotel.

13 Mar **Depart Incheon - Kathmandu**

Fri Depart Incheon in the morning.

Arrival at KTM airport early afternoon. Meet, assist and transfer to hotel.

Kathmandu is unique and fascinating capital of Nepal, a deeply spiritual land isolated by the high Himalayas.

Rest of the day free.

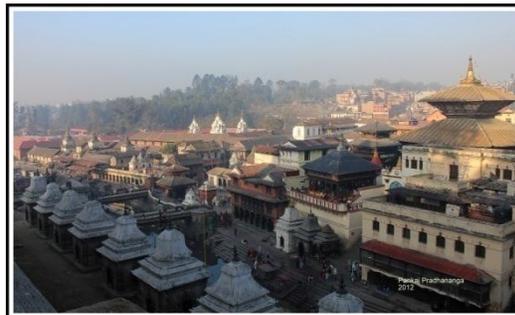
Welcome dinner at a typical Nepalese restaurant with cultural dance show.

Overnight at hotel Hyatt in Kathmandu (D) . (Altitude 1300m /4265ft)

14 Mar **Kathmandu**

Sat Morning : sightseeing of **Swaymbhunath stupa**, a Buddhist shrine believed to be more than 2000 yrs old on the hillock of western part of Kathmandu.

Kathmandu sightseeing tour visiting the Durbar square, Hanuman Dhoka, the ancient royal residential quarter, Mahadev and Parvati temple, temple house of Kumari, the living goddess



Afternoon visit to **Pashupatinath temple** where Hindus cremate dead bodies in the bank of River Bagmati. Continue until the evening Aarti prayer (*Entrance inside the temple only for Hindus*).

Dinner & Overnight at hotel in Kathmandu (B,D).

15 Mar

Kathmandu

Sun

Morning: Visit of **Patan**. The "city of fine arts" is the oldest city in the valley. Patan is the cradle of arts and architecture of the valley, a great center both of the Newari Buddhist religion and of traditional arts & crafts with 136 courtyards and 55 major temples. Well known among these are the Krishna Mandir and Golden temple.

Here you will also get a chance to visit local metal artisans who have been making Buddha statues for generations. You can also attend the Singing bowl show which is believed to have healing power generated through the unique vibrations.



Lunch in Patan Museum café.

After lunch, drive to **Nagarkot**, a hill resort located at an altitude of 2100 meter above the sea level. Nagarkot offers great view of Himalayan range in a clear day. Overnight at hotel Club Himalaya, Nagarkot (B,L,D). A : 2,000m / 6561ft

16 Mar

Kathmandu

Mon

Morning : Sunrise view over the Himalaya (subject to clear weather).

After breakfast and free time to explore Nagarkot. Later drive down to Bhaktapur. Lunch in a local Restaurant in Bhaktapur. Visit **Bhatkapur city** on the way back. Bhaktapur means: "The city of devotees". Bhadgaon was founded in the 9th century and is shaped like a conch shell. Highlights: Durbar square the palace with 55 windows, Nyatapola temple, pottery square.

Overnight at hotel Hyatt in Kathmandu (B,L,D).



17 Mar

Kathmandu / Paro

Tue

Transfer to airport. Fly to Paro by Druk Air or Bhutan air

Our Bhutanese escort will greet you on arrival, and then drive to the Hotel.

Visit Paro Rimpung Dzong and local market.

Overnight at hotel in Paro (B,L,D). (2,235 m / 7332 ft)

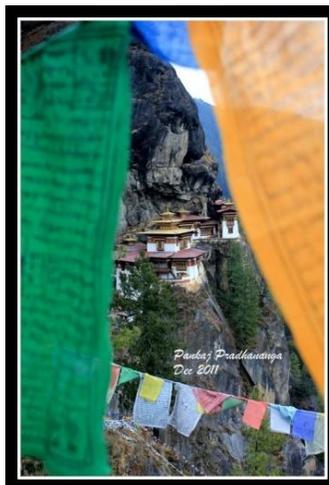
18 Mar

Paro / Thimpu

Wed

After breakfast our vehicle will drop us at the starting point for the fabulous hike to the Tiger's Nest temple. This hike is strenuous and takes about 2 hours uphill and one hour downhill, one should be physically fit to take this hike. The trail to the monastery climbs through beautiful pine forest, many of the trees festooned with Spanish moss, and an occasional grove of fluttering prayer flags.

Return to the road head and start your 2 hrs drive to Thimphu (60 km) the capital city. Overnight at hotel in Thimpu (B,L,D). (2320 m. / 7656 ft)



19 Mar

Thimpu

Thu

Drive 12 km and hike for about an hour to Tango monastery located 280 meter above the car parking area. The walk is interesting where you would meet pilgrims and monks en route. The 18th century three story tower of Tango is the residence of important young Trulku (Reincarnate Lama). This is also a center of Buddhist learning where many young Buddhist monks studies.

A special blessing session can be arranged here with the prior approval of monastery authority.

Later in the afternoon visit the Memorial Chorten built in honor of the late King Jigme Dorji Wangchuk, Dupthop Lhakhang (Monastery for the nuns) We will then visit a zoo that houses an animal called Takin, this is the national animal.

Overnight at hotel in Thimpu (B,L,D).

20 Mar

Thimpu – Kathmandu

Fri

After breakfast transfer to airport. Fly Paro / Kathmandu (TBA)

Transfer to hotel upon arrival. Rest of the day free to relax.

Dinner & Overnight at hotel in Kathmandu (B,D).

21 Mar

Kathmandu

Sat

Morning: Excursion to **Dakshinkali**, the temple where Hindus offer animal sacrifices on every Tuesdays and Saturdays. Also visit the Buddhist Monastery of **Pharping** and **Chovar temple**.



Afternoon : proceed for the visit of visit a typical Newari village **Pyang Gaon** which is only 7 km away from Patan but the lifestyle is still very traditional.

Overnight at hotel Hyatt in Kathmandu (B,D)

22 Mar **Kathmandu**

Sun Morning: Free time to enjoy Everest view mountain flight or rest in the hotel for spa etc.



Afternoon: visit to **Boudhanath Stupa**, one of the largest Buddhist stupas in the world. Boudhanath has all seeing eyes of Buddha and believed to be built by King Manadeva.

A special prayer session in a monastery with simple lesson on Buddhism by the master and interactions with Buddhists monks.

Farewell dinner in a fine dining specialty restaurant in the city.

Overnight at hotel in Kathmandu (B,D).

23 Mar **Depart Kathmandu - Seoul**

Mon Breakfast in the hotel. Check out from hotel (1100 hrs).

Free until departure transfer to the airport.

Depart late afternoon for Seoul.

24 Mar **Arrive Seoul - Honolulu**

Tue Arrive Incheon after midnight, around 1:00 am. Transfer to airport hotel.

Back to the airport late afternoon.

Depart Incheon at night. Arrive Honolulu the same day in the morning.

TOUR COST (Valid for group of minimum 15 tour members, based on Deluxe hotels):

US\$ 4,890.00 per person on twin sharing basis.

US\$ 990.00 extra for single occupancy supplement.

Reservation deposit is \$300 per person (which is applied to final costs)

Extra cost of airfare (economy / subject to change) :

US\$ 390.00 + 78.00 taxes per person (Kathmandu / Paro / Kathmandu)

Tour cost includes :

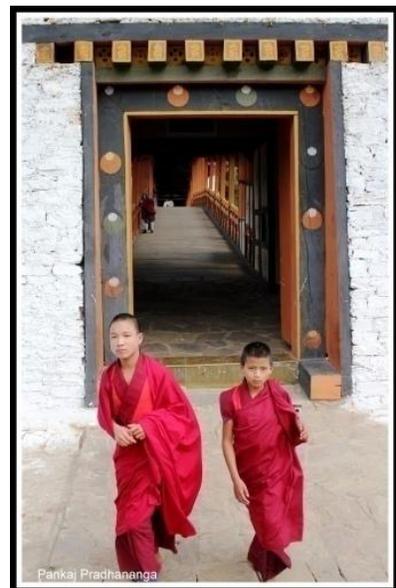
- 06 nights stay in Kathmandu on Half board basis + 2 lunch as per itinerary.
- 01 night stay in Nagarkot on Half board basis.
- 03 nights stay in Bhutan on Full Board basis with lunch in outside restaurants.
- All transfers and sightseeing by a private coach.
- Services of local English speaking Escort Guide in Kathmandu valley and Bhutan as per the itinerary.
- Hotel taxes & entrance fees for the sightseeing places mentioned in the itinerary.
- Bhutan Visa fee & Bhutan Tourism development free.
- Airfare for International flights (from HNL to KTM to HNL)

Tour cost excludes :

- Airfares for domestic flights (Given above separately, KTM-PBH-KTM).
- Expenses of a personal nature such as beverages etc.,
- Meals other than mentioned.
- Visa fee for Nepal (US\$ 25 per person + 1 photo).
- Insurance of any nature – whether for person or property
- Tips to local guides

HOTELS

| Places | Deluxe category |
|---------------|---|
| Kathmandu | Hyatt Regency www.kathmandu.regency.hyatt.com |
| Nagarkot | Club Himalaya hotel www.nepalhotels.com |
| Paro | Naksel Boutique hotel www.naksel.com |
| Thimpu | Khang Residency www.khangresidency.com or Hotel Osel www.oselbhutan.com |



Pankaj Pradhananga